



Newsletter July 2010

2010/2011 Season

The 2010/2011 season is fast approaching with it only a few months till activities at the beach will be in full swing. 2010/2011 is a unique season for St Clair being our centenary year.

This means that the challenge is there to everyone to strive to ensure that our centenary year is marked as our most successful year to date in all aspects of the club.

School Holiday Programme

Once again this year St Clair is running a school holiday programme for school aged athletes looking at either developing their skills in an area or as an introduction for those less experienced.

This programme will be run by senior athletes from the club and will involve a full three days of surf related activities. The dates for this programme are October 6th, 7th and 8th. Anyone wanting to register for this programme should contact James Coombes: coomsey@hotmail.com

The cost of attending the programme this year will be \$30 per child.

Beginner Ski Sessions

St Clair will be running a number of sessions for beginners in ski paddling. These sessions will be held at 10:00am on Sunday mornings at the St Clair boatshed.

A session will be held each Sunday from August 8 to September 5. To register for this course or for more info please contact James Coombes: coomsey@hotmail.com

Centenary Events April 2011

Friday 8th:

- Welcome Function and Registration

Saturday 9th:

- White Island Paddle and Surf Activities
- Centenary Photo's
- Formal Centenary Dinner, Savoy Function Centre

Sunday 10th:

- Duke Gilles Memorial Unveiling
- Information Lunch and Entertainment

For more information on our centenary please visit our website.





Lifeguarding

This winter St Clair is running a specific programme for club members seeking to obtain their Surf Lifeguard Award. This programme will provide tuition in all the necessary skills and knowledge required to gain your Surf Lifeguard Award.

The first introductory session for this programme will be held at 6:30pm on Wednesday 11 August at St Clair SLSC. Anyone interested in joining this group and learning the skills of being a Surf Lifeguard should contact James Coombes for more information.

Club members must be at least 14 years old to train for their Surf Lifeguard Award. (Club members who are turning 14 during the season may also complete the training). All candidates will be required to pay \$20 to be part of the programme.

IRB

We have recently taken possession of a new IRB Motor which is currently in the processing of being run in and will be ready for use in the new season.

Commencing in August we will be running IRB driver and crew training. Anyone who is keen to gain either or both of these awards should contact Mark Freeman to register: freeman.mark@gmail.com

Junior Surf

Junior surf swim training continues through the winter on Wednesday nights between 6:30 and 7:30 at Moana Pool. New members of the junior club are always welcome.

Anyone who has a friend who is interested in joining bring them along on a Wednesday night or contact Richard Murray: rkmurray@slingshot.co.nz for more information.





Polar Plunge

The annual St Clair Polar Plunge was held on Sunday 27 July.

This event is a major fundraiser for the club and it was estimated on the day that 500 people braved the cool waters, with a further 1000 positioned on the relative comfort of the Esplanade.

In total \$3000 was raised for the club which will be used for providing equipment for our year round rescue service.

Thank you to all those who helped out on the day including the lifeguards in the water, the junior surf members collecting donations and More FM for their organisation of the event.

New Zealand Pool Nationals

This year's national pool championships are being held at Kilbirnie Pool, Wellington on the 1st, 2nd and 3rd of October.

St Clair has already committed twenty athletes to this event with the goal of having competitive teams in all age groups.

Anyone who is interested in being part of this team please contact James Coombes for further information.

Several of our master's athletes recently competed in the Fire N Ice "Icebreaker" outrigger regatta. Some highlights of this event were:

- The Salty Dogs crew of Peter Haslemore, Graeme Newton, Rob Cunningham, Grant Swanson, Kel Williams and Greg Page winning the 21km six person race.
- Graeme Newton and Murray Turner placing 1st and 2nd respectively in the Senior Masters 10km single race.

A 43km ocean race is being held on the Gold Coast in April next year. They are hoping to take a 9 person team to this event. For further information contact Graeme Newton.





White Island Race

The annual White Island Race marks the traditional start to the competition calendar for local athletes.

This year the event is to be held at 9am on Saturday 23 October.

The popularity of this event has continued to grow in recent years with 50 athletes taking part last year. In our centenary year this event will mark the commencement of our celebrations.

This race is open to all qualified lifeguards using Surf Life Saving New Zealand approved craft.

The 2009 event featured two category race records being broken by Carla Laughton and Sam McCutcheon

Obituary

It is with great sadness that the St Clair SLSC has to announce the passing of one of our own.

Kel McAuley passed away recently in Australia where he had been resident for the last ten years.

Kel first joined St Clair in 1948, was a Life Member, club President during the 1970's and most recently Patron.



2011 Events

Nth Island IRB's: 11/12 Dec, *Waihi*

Southern Surf League: 16 Jan, *New Brighton*

Southern Regionals: 19/20 Feb, *New Brighton*

NZ Ocean Athletes: 24/25/26/27 Feb, *Mount Maunganui*

Sth Island IRB's: 6 Mar, *Warrington*

NZ Nationals: 10/11/12/13 Mar, *New Brighton*

NZ IRB Nationals: 2/3 Apr, *Whangamata*



Winter Training Sessions

Day	Morning	Afternoon/Evening
Monday	6AM: Swim: Moana Pool	
Tuesday		5:30PM: Kayak/Ski: St Clair Boatshed
Wednesday	6AM: Swim: Moana Pool	6:30: Juniors Swimming: Moana Pool
Thursday		5:30PM: Kayak/Ski: St Clair Boatshed
Friday	6AM: Swim: Moana Pool	
Saturday	9AM: Kayak/Ski: St Clair Boatshed	
Sunday	10AM: Beginner Kayak/Ski St Clair Boatshed	5:00PM: Circuit Training: St Clair SLSC



Committee Contact Details

■ Chairman

Antony Mason:

Tel: 021 204 5332

Email: macestclair@ihug.co.nz

■ Skills Development

James Coombes:

Tel: 021 647 131

Email: coomsey@hotmail.com

■ IRB/Powercraft Convenor

Mark Freeman:

Tel: 027 635 7087

Email: freeman.mark@gmail.com

■ Property Manager

Tom Garforth:

Tel: 027 241 0020

Email: tom@colortronics.co.nz

■ Junior Surf

Richard Murray:

Tel: 027 473 5160

Email: rkmurray@slingshot.co.nz

■ Treasurer

Michael Crombie

Tel: 027 465 6458

Email: mc_rombie@hotmail.com

The Esplanade, St Clair. P.O. Box 743, Dunedin, New Zealand
 Telephone: 64 3 455 8850 • Email: stclairslsc@xtra.co.nz
www.stclairsurfclub.org.nz





Thank you to the following loyal supporters for their ongoing assistance.

Anyone interested in joining this list are encouraged to contact the club for further information.

Bendigo Valley Sports and Charity Foundation

Southern Victorian Charitable Trust

St Kilda Community Sports Society

New Zealand Community Trust

Judith Cullen Cooking Classes

Surf Life Saving New Zealand

Colortronics Dunedin Ltd

Alexander McMillan Trust

Darcey Christopher Trust

New Zealand Rent a Car

Otago Community Trust

St Clair Salt Water Pool

Ray Webster Plumbing

S & M Laughton Farms

Surf Life Saving Otago

Star Fish Café and Bar

Esplanade Restaurant

G S McLauchlan & Co

Greg Taylor Electrical

Steve Mowat Builders

Advanced Fibreglass

Dunedin City Council

St Clair Beach Resort

Star Fish Restaurant

The Lion Foundation

Skeggs Foundation

The Southern Trust

Millers Mechanical

Kings High School

Perry Foundation

Shiel Hill Tavern

Barbara Newton

Mclver & Veitch

Salt Cafe & Bar

NZ Fire Service

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Ra Café & Bar

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