

# St Clair Surf Lifesaving Club Newsletter

## (16 July 2018)

### ***Annual general meeting***

Many thanks to everyone who turned up to our recent AGM. It was great for members to engage on matters important to them and have some fruitful discussions. Well done to the following people who were voted on to the clubs committee:

Chairman: Cam Burrow

Senior Representative: Richard Murray

Woman's Representative: Steph Laughton

Treasure: Jeff Foster

Secretary: Gwen Macready

Lifeguarding: Chris Haig

Skills development: Brent Wolf

Property: Tom Garforth

Junior Club: Joel Tyndall

Under 19 Men's: Ossian Woods

Under 19 Woman's: Maddy Crawford

IRB: Matthew Bradley

The new committee have already had their first meeting. They are really looking forward to working on continuing the hard work from the previous committee and grow the club by providing more opportunities to the membership. Look out for more on the committee in upcoming newsletters and see meeting minutes on the website!

### ***Congratulations***

To Erika for her recent success in the pool! She has been selected for the Youth Olympic Games and Junior Pan Pacific Championships later in the year. To top it off Lars and Kurt have both been added to the national swimming coaching roster! Well done team! Top effort!!



## ***Polar Plunge***

Thanks heaps to everyone who came down and made the 90<sup>th</sup> Annual Polar Plunge a huge success. The club teamed up with Callum and P from the Hits with over 300 people braving the cold and running into the water. The event had great community engagement with our Facebook page engaging with over 5000 people and the Esplanade was packed full of people. Thanks heaps to Mace for sorting the warm water fire truck and the team from The Perc for offering up some great food options. A special mention must go to Kelvin Williams for his hard work collecting on the day raising over \$500! Cheers to the event safety team and NZME for their assistance too!

## ***Upcoming events***

Here are some important dates to put in the calendar over the next couple of weeks:

- 29<sup>th</sup> July: Winter training JMC gym 3.30pm (weekly)
- 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> and 22<sup>nd</sup> of August Pool Champs race/training at Moana Pool for all ages
- 5<sup>th</sup> August: Become a Lifeguard Introductory Session
- 18<sup>th</sup> and 19<sup>th</sup> of August South Island Pool Champs in Timaru
- 25<sup>th</sup> of August All Blacks vs Australia at the Club

Keep an eye out on Facebook for more information about upcoming events.

## ***Become A Lifeguard***

We will be commencing our programme of new lifeguard training starting on 5<sup>th</sup> August at 3pm at St Clair being run by our team of experienced lifeguards.

To gain your Surf Lifeguard award for this coming Summer, you need to be at least 14 years old by December 2018.

If you are interested or know someone who is interested in taking the Become a Surf Lifeguard course, please email us at [stclairslsc@xtra.co.nz](mailto:stclairslsc@xtra.co.nz) or the head instructor Chris Haig on 021 112 6043 for more details.

## ***Otago Pool Champs race/training***

The Otago Pool Champs will now be four race/training sessions held on Wednesday nights throughout August. These will start at 6:30pm and go to 7:30pm.

The events that will be contested at the Southern Region Pool Champs will be run on the first three Wednesdays. This is for the benefit of competitors, coaches and officials.

There will still be 'races' but there will be the opportunity to describe the rules of the race event beforehand, contest the event, and then have feedback from coaches and officials to the competitors.

The technical rules of the events will be adhered to but there will not be DQs or age restrictions. However, the races will still be run in age-groups: U10, U12, U14, U16, U19, Open/Masters.



## ***South Island Pool Champs***

This year this event is again being held at the Caroline Bay Pool in Timaru on 18<sup>th</sup> and 19<sup>th</sup> August. The minimum age for this event is 10 years old taken from 30 September 2018. Please let Chris (021 112 6043) know if you will be attending as the entries and teams need to be entered ahead of time.

## ***Club Vision***

As part of the new committee mantra, we would like to develop a club vision! We have posted the question "what does it mean to be a member of St Clair SLSC". The idea is over the next couple of weeks if you are around the club write some words or a sentence on the whiteboard about what it means to you! From there we will make up a poster to reflect everyone's thoughts.

Don't worry if you cannot make it to the club to write on the board, you can message Cam or anyone on the committee and they can write it up!

If there are things you wish to add to the weekly Newsletter please don't hesitate to send things through to **[stclairslsc@xtra.co.nz](mailto:stclairslsc@xtra.co.nz)**