

St Clair Surf Lifesaving Club Newsletter

From the Chair

Even though it is the off-season for Surf Lifesaving there is plenty happening within the St Clair Club with many of our members training hard in the pool with local, South Island and National pool champs events coming up along with winter swim meets and general swimming training. Further, our become a lifeguard training is under way under the guidance of Chris who is duly supported by Mikayla Garforth, Jackson Aluesi, Dylan Crawford and Adam Harvey. Hats off to you guys for giving up your time and ensuring our newest batch of lifeguards are learning the necessary skills and attributes.

The local Otago committees have begun planning for the upcoming season. We are proudly represent on the Local Lifeguarding committee by Ossian Woods (Chairman) and Chris Haig. On the Local Sport committee, we have Brent Wolf and Isaac Davies. Well done on the appointments team and thanks for giving up your time to ensure a quality service across the Otago region

Pool Champs

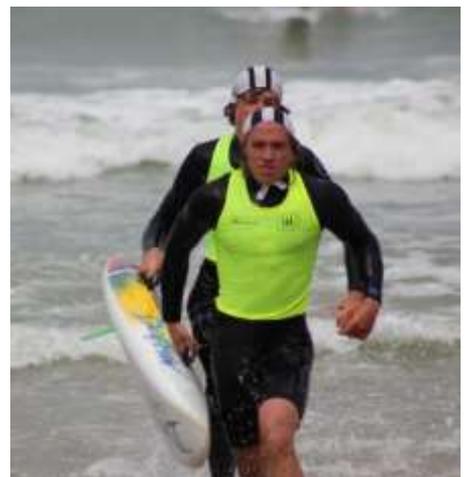
This year this event is again being held at the Caroline Bay Pool in Timaru on the 18th and 19th of August.

Become a Lifeguard

Our become a lifeguard program is underway working towards a lifeguarding exam in October. If you have any friends or know of anyone who is interested in doing their lifeguard award get in touch with Chris (0211126043) or one of the instructors mentioned above. Currently they are meeting at 1:30pm on Sundays.

Club Training

Our newly formed social club are running some fun Sunday activities in the lead up to the season. These are being help at the John McGlashan Gym from 3.30-4.30 every week. Some of the activities include basketball, touch and futsal so there is plenty of fun for everyone! Come along and Jeff may even bring some snacks



IRB Crewperson's Course

Scoob is looking at running a crewman's course one weekend in October. If you have an interest in this please get in touch with Scoob. New SLSNZ guidelines are looking at making it mandatory to have a crewman's award to be able to be in an IRB so make sure you get the award!

Ski Training

Brent is running Ski training at the clubs harbour facility Saturday and Sunday at 9am. This is a great way to get used to being in the Ski before the White Island race in October and for when full time training begins late September.

Fundraising

The Otago Surf Lifesaving clubs have been selected by the Rotary Club of Dunedin East as the chosen charity for the annual charity duck race down the Leith on the 14th of October. For this, we will be required to sell \$2 tickets with the club keeping all profits. Keep an eye out on the Facebook page for when you can get your tickets to help your club.

Club Vision

As part of the new committee mantra, we would like to develop a club vision! We have posted the question "what does it mean to be a member of St Clair SLSC".

The idea is over the next couple of weeks if you are around the club write some words or a sentence on the whiteboard about what it means to you! From there we will make up a poster to reflect everyone's thoughts.

Do not worry if you cannot make it to the club to write on the board, you can message Cam or anyone on the committee and they can write it up!

Closing note

Keep an eye out on the club Facebook pages for any other upcoming events. We hope to post the Otago season calendar with all competitions in it by the end of August.

If there are things, you wish to add to the weekly Newsletter or like to know about the club, please do not hesitate to send things through to stclairslsc@xtra.co.nz



